



Counseling and Community Services

School-Based Counseling

For more than 30 years, Applewood Centers has been providing onsite programs to school systems in Cuyahoga and Lorain counties, including Cleveland Metropolitan, Lorain City and Elyria City school districts; charter schools; and throughout Clearview, Columbia, Cuyahoga Heights, Garfield Heights, Maple Heights, Oberlin, Richmond Heights, Sheffield/Sheffield Lake, Wellington and other suburban districts as requested. All school programs are provided by licensed therapists and counselors.

The School-Based Counseling program is offered to students through grade 12 and is specifically beneficial to those who may have the following issues:

- Parent-child or child-sibling relations
- Attention deficit related problems
- Oppositional behaviors
- Depression, anxiety and/or self-esteem issues
- Domestic violence and/or abuse
- Attachment disorders
- Grief and loss
- Aggression
- Trauma-focused issues
- School-related issues
- Adoption and foster care adjustment issues
- Consultation provided to staff, parents and child to address social, environmental or behavioral concerns

How the Program Works

Services are delivered to students in a variety of ways. Each service may be selected individually or bundled to meet the specific needs of the students, faculty or families.

Individual Counseling provided at school addresses specific behavioral and emotional issues. In-home counseling is available as needed.

Group Counseling sessions are aimed at skill building and focus on specific topics. This format encourages cooperation and sharing among peers in a structured setting.

Prevention Groups help students make better choices. Topics include anger management, Peacemakers Violence Prevention program, social skills, and those covering gender-specific issues.

Classroom Presentations are offered on topics such as building self-esteem, conflict resolution, leadership skills, grief and bereavement.

We involve the family throughout treatment. Parent advisory sessions are geared to assist with the development of parenting strategies and linkage to other community resources. Family intervention sessions include the student and family. Families can also receive services in the home.

Crisis Intervention

In response to crisis, tragedy or natural disaster, we collaborate with school personnel in providing group interventions and support in areas including grief, bereavement and emotional trauma.

Faculty Services

Our therapists and counselors are able to support faculty with a variety of interventions through the following initiatives.

Team Meetings include teachers, administrators and other staff who discuss the needs of students and other issues affecting the classroom or student groups.

Teacher Consultation is provided individually or in groups, and helps teachers identify classroom interventions, aids in developing plans to address difficult students, and provides referral to other community resources.

Teacher Training on selected topics of interest regarding child and adolescent mental health.

How to Make a Referral

To make a referral or obtain additional information about how School-Based Counseling services might be beneficial for a student you know, please call us at the numbers below. Our professionals will talk with you confidentially about your concerns and determine if this program would be a good fit.

Intake 216.459.9827 | Cuyahoga County 216.521.6511 | Lorain County 440.324.1300

Office Locations

JONES CAMPUS

3518 West 25th St.
Cleveland, OH 44109-1995
216.741.2241
fax 216.459.9821

CHILDREN'S AID SOCIETY CAMPUS

10427 Detroit Ave.
Cleveland, OH 44102-1645
216.521.6511
fax 216.521.6006

LORAIN COUNTY OFFICE

1865 North Ridge Rd. East
Suite A
Lorain, OH 44055
440.324.1300
fax 440.324.0070

EAST 22ND STREET CAMPUS

2525 East 22nd St.
Cleveland, OH 44115
216.696.5800
fax 216.324.6592

About Applewood Centers

Applewood Centers is a private, non-profit agency providing behavioral health services to children and youth from birth to age 21, and their families. Services are provided from our offices, at clients' schools, and in your home.

At Applewood Centers we are dedicated to helping youth and their families address a variety of behavioral, emotional, and learning problems. We provide a continuum of care from outpatient counseling and psychiatry services to residential treatment.

Our community-based services include foster care, adoption, and The Gerson School, which is a co-educational alternative day school for students who have not been successful in standard educational settings.

How to Reach Applewood Centers

GENERAL INFORMATION

Intake 216.459.9827 | Cuyahoga County 216.696.5800 | Lorain County 440.324.1300 | www.applewoodcenters.org

RESIDENTIAL TREATMENT - INTAKE

Phone 216.741.2241 ext. 1011 or 1721

Fax 216.741.2632

Email referrals@applewoodcenters.org

PSYCHIATRY SERVICES 216.696.6983

BECOME A FOSTER PARENT 216.696.6815

BILINGUAL SERVICES 216.741.2241

THE GERSON SCHOOL 216.694.7200

HOPE GIVING FAMILY CARING

Licensed and certified by the Ohio Department of Mental Health and Addiction Services (OhioMHAS); licensed by the Ohio Department of Job and Family Services and the Ohio Department of Education. Accredited by The Joint Commission and the American Psychological Association.

Funding is provided in part by United Way Services; the Alcohol, Drug Addiction and Mental Health Services Board of Cuyahoga County; and the Lorain County Board of Mental Health.